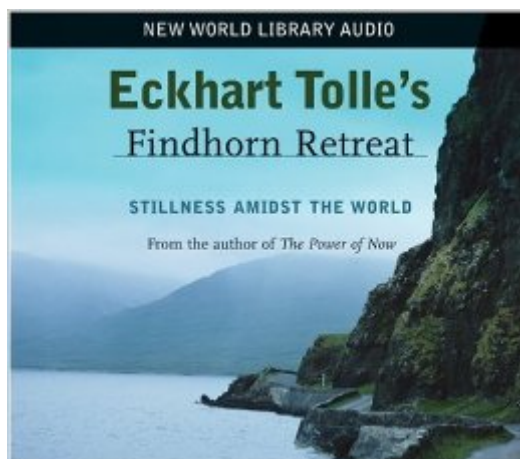


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# Eckhart Tolle's Findhorn Retreat: Stillness Amidst The World



## Synopsis

Best-selling author and spiritual guide Eckhart Tolle led a remarkable two-day retreat at Findhorn, Scotland, a community on the leading edge of personal and global transformation. His weekend talks, captured on audio, create a deeply moving experience for listeners. Speaking on the subject of stillness, which he describes as a doorway into the Now and to true personal enlightenment, Tolle shows listeners how to find stillness in the present moment and enter a deeper dimension of peace and fulfillment. His practical, powerful tools for transformation offer the clear guidance needed to realize the magic of every moment and to reconnect to the sacredness of life and of being. Tolle's lighthearted delivery lends sparkling highlights to the jewels of wisdom that he shares; words that convey, with the timeless clarity of the ancient spiritual masters, a simple yet profound message of hope.

## Book Information

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## Customer Reviews

This product comes with 2 DVDs and a book with beautiful nature photos taken by Eckhart with powerful quotes from the retreat next to the photos. Normally DVDs are more expensive than CDs, however somehow they've managed to price this package as if it were CDs, so already it's a great value! If you are reading this you probably already are, like myself, a huge Eckhart fan. You will not be disappointed with these DVDs. I own practically everything Eckhart has put out, and once again he does an amazing job. In addition to his "normal" talk about stillness and being present because that's all there is, he is really very funny and entertaining on these DVDs. Also, the picture and sound quality is quite good. Tip: I purchased my copy of Findhorn Retreat directly from Eckhart's

website because they include a FREE DVD with a 1 hour interview of Eckhart. I've always been curious about Eckhart as a person and this interviewer asks him many of the "personal" questions about his background, about growing up as a child, about the difference in his life now that he makes a lot of money (funny enough, he says he rarely buys things, that it's enough to just "look at them" and so the money hasn't made much of a change in his life at all!). Obviously he doesn't talk about these things during his usual presentations, so I found them very interesting to hear how he handles "fame and success". I can't tell you how great this DVD is (it's called "The Simple Truth" and is only available from Eckhart's site, but again, amazingly, they throw it in Free when you purchase the Findhorn DVDs and book!) Hope this feedback helps! Michael Jeffreys Author, Success Secrets of the Motivational Superstars

If you loved 'The Power of Now' you will be blown away with the clarity and depth of this talk. Eckhart is one of the most important spiritual teachers alive and this CD set is one of his best talks. Highly Recommended to all who are ready to hear the truth and experience deep stillness and presence. Thank you Eckhart for this gift ~ the planet is in dire need of this message!

I read a brilliant book called "Be Here Now" by Richard Alpert aka Baba Ram Dass 35 years ago. I took up TM for several years after that experience. Those phenomenon allowed me to quiet my mind, live in the present and do things I imagined I could do, but could not have done otherwise. I got into and graduated from medical school (I am from a blue collar family), while going through a divorce. They put me into a place where I was able to woo and marry a special woman. Then I fell deeply into form, materialism, egoism while anguishing about the past as I awaited the future rewards I felt I richly deserved. Over these last 25 years my life completely unravelled. I became a bitter, angry, pain-ridden shell. Big house, fancy cars, world travel and a quickening descent into hell. (I even got a law degree. Maybe I could defend my-self). Nothing worked. Until Eckhart emerged from obscurity (part of his story) into my story. Suddenly senselessness made sense. The past and the future began to shrink into, simply, now. Now I am so alive, full of joy, without being full of me. I work in a maximum security prison as a psychiatrist, the only death chamber in Florida is 200 yards from my office. The staff, the prisoners, the outside visitors see this place as a place of sadness and despair. Thanks to the universal channel that Eckhart has tuned me into, there is a little smile on my face every moment I am there. Amazingly, everyone around has begun to smile, every now and then. Not because of the little me, but because of what is flowing through me. What is flowing through me? The beauty and goodness and love that exists inside of them. They don't

know that is where my smile is coming from. I hope and pray they discover that. Thank you Eckhart for suffering so much, so you could bring me into the present, into the now, to feel the stillness in the midst of chaos.

This is a very worthwhile recording to listen to. Over the first three discs Mr. Tolle talks about the usual stuff, like the structure of ego and various ego traps you can fall into, how life reduces you in form and accepting that, the now, space consciousness, etc. but as always, does so in a fresh and new way. The fourth disc is an audience q&a with questions about presence and humor, and whether a fool can become enlightened. He refers to Forrest Gump as an example of this. I have experienced all his books and a lot of his audio, so I have heard/read all aspects of his teaching many times over but still, there is a quality that he brings that I never get tired of hearing... ok, the recording. I have not listened to it enough times yet to give an in depth review (i wanted to hurry and put a positive one out fast, and then edit the review after I've had time to go over it) but I will say that it is great, and contains perhaps the most funny moments of any talk I have yet heard. Just so you know, this is not published by Sounds True like all the rest and the format is a little different... a man introduces him and there is no tracklisting whatsoever. And lastly, for four discs at about an hour each, this is the best deal you could possibly find (thanks !)... skip "realizing the power of now" and get this.

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